

## The Problem of Classroom Management and Disipline

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Annotation: This article discusses the problem associated with ineffective classroom management and discipline and some teaching methods of solving this problem. Also, more or less effective methods of dealing with classroom management and discipline are explored and discussed. General conclusion of the result of classroom management and discipline are presented at the end.

**Keywords:** classroom management and discipline, focused on, teacher factor, teaching techniques, poor time management, Build relationships, effective communication.

#### I. Introduction

The problem of classroom management and discipline is a common issue in many schools and can have a significant impact on the learning environment. It is crucial for teachers to effectively manage their classrooms in order to create a positive and productive learning environment.

One of the main challenges in classroom management is maintaining control over a diverse group of students with various personalities, backgrounds, and learning styles. This can make it difficult to keep students engaged and focused on their studies. Additionally, disruptive behavior can disrupt the flow of the lesson and impact the learning experience for all students.

In order to address these challenges, teachers must establish clear expectations and rules from the beginning of the school year. Consistent enforcement of these rules is essential in order to create a structured and respectful classroom environment. Additionally, building positive relationships with students and providing engaging and interactive learning activities can help to prevent behavioral issues from arising [6].

When disciplinary issues do occur, it is important for teachers to address them promptly and fairly. Using positive reinforcement, such as praise and rewards, can also help to encourage good behavior and motivate students to stay on task.

#### **II. METHODS**

These are the problems created in the classroom due to the actions and inactions of the teacher. Mostly these problems can be controlled by the teacher with the help of the school administration. However, ineffective teachers are often a source of classroom management. Examples of some of the mistakes of teachers that create classroom management problems are as follows:

Using inappropriate teaching techniques or styles is one of the major mistakes of teachers that create problems in the classroom. Merç and Subaşı (2015) found that it accounts for 46% of teachers' mistakes that promotes chaos in the classroom. It is especially common among new teachers [5]. Vital Annex: International Journal of Novel Research in Advanced Sciences (IJNRAS) Volume: 02 Issue: 12 | 2023 ISSN: 2751-756X http://innosci.org



- Poor time management also a major issue that creates disciplinary problems in the classroom. Teachers who are effective in managing their time are often able to brainstorm, choose, plan and prepare teaching techniques and materials that are appropriate for the subject or topic to be taught. However, teachers with poor time management skills often enter lessons unprepared because they have not had enough time to plan and prepare appropriate materials for the lesson. Poor time management also occurs when teachers struggle to deliver lessons according to their plans. For example, poor transitioning strategies cause problem behavior during lessons [4].
- Teacher anxiety is another teacher factor that causes classroom management problems. This problem is often common among new teachers. Most new teachers struggle to maintain their confidence in the classroom. This causes anxiety disorders such as the feeling of nervousness, panic, hyperventilation, and trembling. The feeling of anxiety by the teacher instigates students to engage in disruptive, disrespectful, and defiant behaviors since they know their teacher is not confident enough to stand firm with his/her orders and requests.
- Inability to deal with unexpected situations by teachers also increases the incidence of disciplinary problems in class. Unforeseen issues do arise in the classroom and every teacher must be prepared to deal with them appropriately. This often requires experience and technique to be properly dealt with. New teachers do have problems dealing with unexpected situations. For example, in my second month as a teacher, a student collapsed in the middle of a classroom activity. This left me in a bad mood and I struggled to manage the class afterward. This gave some of the students the chance to misbehave [1].

#### **III.RESULTS**

Problems classroom management and discipline can have a detrimental impact on both students and teachers. When discipline is not effectively enforced, students may become disruptive, leading to a chaotic and unproductive learning environment. This can result in decreased academic performance and a loss of valuable instructional time.

Additionally, problems of classroom management can lead to increased stress and frustration for teachers. Without proper discipline, teachers may struggle to maintain control of their classroom, leading to feelings of burnout and an inability to effectively convey important lesson material.

Furthermore, students may develop a lack of respect for their peers and teachers, leading to a negative school culture and a breakdown in communication and trust within the classroom. This can also result in a decrease in student motivation and engagement, as well as an increase in behavioral issues.

#### **IV.ANALYSIS**

Classroom management and discipline are important aspects of creating a conducive learning environment. Here are some strategies that can help address problems related to classroom management and discipline:

- Establish clear expectations: Communicate your expectations regarding behavior, rules, and consequences to the students at the beginning of the school year or semester. Make sure they understand what is considered acceptable behavior and the consequences for misbehavior [6].
- Create a positive classroom culture: Foster a positive and inclusive classroom culture where students feel valued, respected, and engaged. Encourage collaboration, active participation, and mutual respect among students.
- Build relationships: Develop positive relationships with your students. This can be achieved by showing genuine interest in their lives, listening to their concerns, and being approachable.

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When students feel connected to their teacher, they are more likely to engage positively in the classroom.

- Use effective communication: Clearly communicate your instructions, expectations, and feedback to students. Use a variety of communication techniques such as verbal instructions, visual aids, and written guidelines to ensure that students understand what is expected of them [2].
- Implement consistent and fair consequences: Establish a system of consequences that is fair, consistent, and age-appropriate. Ensure that students are aware of the consequences for misbehavior and that they are consistently enforced. However, it is important to balance consequences with positive reinforcement and opportunities for growth.
- ➤ Use classroom routines and procedures: Establish clear routines and procedures for common activities such as entering the classroom, transitioning between lessons, and completing assignments. Consistent routines help create a structured environment that minimizes disruptions and confusion.
- Professional development: Continuously seek professional development opportunities to enhance your classroom management skills. Stay up-to-date with best practices, attend workshops or training sessions, and collaborate with colleagues to share strategies and insights [3].

### V. DISCUSSION

In conclusion, we can say that the results of ineffective classroom management and discipline can have far-reaching consequences for both students and teachers. It is imperative that educators implement and enforce effective classroom management strategies in order to create a positive and productive learning environment for all. What about effective classroom management that can result in a wide range of positive outcomes, including improved learning environments, enhanced student engagement, positive teacher-student relationships, reduced stress, the development of social and emotional skills, better time management, improved school safety, and the development of a supportive classroom community. Effective classroom management can lead to a range of positive outcomes for both teachers and students.

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