

Supporting the Youth and Strengthening the Health of the Population as a Priority Direction

Fayzullayeva Klara Abdullayevna

Jizzakh Polytechnic Institute, Senior Lecturer of the "Social Sciences" Department

Annotation: This article is about improving the quality of education, ensuring employment, fighting against the pandemic, reducing poverty, identifying the "growth points" of the regions, fighting against corruption, establishing the Women's Public Council, freedom of speech, "the principle of one court - one instance". is considered.

Keywords: Application, Youth support, Women and girls, Quality of education, Youth - creator of the future, Knowledge economy, New Uzbekistan, Youth entrepreneurship.

INTRODUCTION

The Petition sent by Shavkat Mirziyoev to the Oliy Majlis on December 29, 2020 is of strategic importance. It described the directions of acceptable development for the near future of Uzbekistan. The official appeal was sent to the members of the Oliy Majlis. However, because the Address was broadcast live, its audience reached thousands. Local deputies, representatives of executive bodies, heads of organizations and enterprises, public representatives, and citizens had the opportunity to see and listen to the appeal in real time. From this point of view, it would be more correct to accept this speech as an appeal to our society, citizens, and people. So that the President spoke not only to the parliament, but to our people, to each of us.

The issues raised in the petition are extremely extensive. Issues such as improving the quality of education, ensuring employment, fighting the pandemic, reducing poverty, identifying the "growth points" of the regions, fighting corruption, establishing the Women's Public Council, freedom of speech, "the principle of one court - one instance" are part of this continuous list. only some of them. It is extremely difficult to determine which issue is primary or more important based on its weight, burden and weight. Because in the Address, the most acute, most painful, most urgent issues related to the development of our country were raised.

At the same time, special attention was paid to the issues of youth, education system and public health, which were prioritized in the Address. President Shavkat Mirziyoyev announced 2021 as the **"Year of Youth Support and Public Health Promotion"**. To find out the reason and consequences of giving such a name to 2021, read "Why was the year given such a name?" and "What should we do to support young people and improve public health?" it is necessary to find answers to these questions.

In fact, there are many reasons why the issue of youth is in the center of attention, on the agenda. **First of all**, young people, who make up more than half of our population, are a large group and a great force in terms of quantity. **Second**, because young people are full of energy and enthusiasm, they are more active and flexible than other groups. **Thirdly**, because young people are open to news, they are distinguished by their innovativeness and initiative. **Fourthly**, young people, who make up a significant part of the working population, are interested in improving their status and mastering new social roles. **Fifthly**, young people whose values have not yet been fully formed are



eager to find their place in life. **Sixth**, youth is a strategic resource of the state, which means that our future life will directly depend on how much we pay attention to the youth who are coming of age today. After all, it is not for nothing that it is said that "Youth is the creator of the future." **Most importantly**, young people are a part of society, its continuous component. Therefore, youth problems should be considered as problems of the whole society. Therefore, youth issues have become a priority of state policy in Uzbekistan.

ANALYSIS AND RESULTS

In fact, if the text of the Petition is analyzed quantitatively (such an analysis is called content analysis), it can be seen that the term "youth" is the most frequently used word. This word is used 47 times in the text of the petition. At the same time, it can be seen that the word "education" is used 31 times in this document.

In the petition, six tasks of youth support were highlighted. These are the following:

- Creating the necessary conditions for full inclusion of every child of kindergarten age with the direction of preschool education;
- To radically improve school education and increase its quality, to rapidly continue reforms to create decent conditions for teachers;
- > Pay special attention to increasing the coverage and quality of higher education;
- > Development of science and innovation, which is the basis of the country's development;
- > Ensuring employment among young people and supporting entrepreneurship;
- Implementation of a new system for showing special kindness to children of needy families, orphans, children with disabilities and those in need of treatment.

It should be noted that a significant part of the tasks defined above are closely related to educational problems. In other words, the Address presents education and science as a means of effectively solving youth problems, emphasizing that "salvation is in knowledge". It is emphasized that the development of the state cannot be achieved without paying attention to education in the current era, when the "knowledge economy" is being formed. Therefore, in the text of this document, the terms "youth" and "education" are expressed as accompanying, even twin concepts. So what is the reason for this?

In today's globalization, the role of education has changed: education has become a determining factor in the development of the state. The following results of studies carried out within the framework of the United Nations Development Program also prove that the level of education and the development of the country are directly related:

When calculating the Education Level Index, the funds allocated to education in the country, the efficiency of the education system, and the literacy level of the population are taken into account. Note that there is not a single backward, underdeveloped country in the list of countries with a high Education Level Index (in the top 15). All the countries on the list are considered powerful countries with a high standard of living.

So, our future is created in the fields of knowledge. This is the reason why the petition once again recognized the idea that "New Uzbekistan starts from the threshold of the school, from the educational system." This is also the reason why the education system is allocated sparingly and not on a residual basis. This is the reason why 600 billion will be subsidized from the budget to increase the coverage of pre-school education. This is the reason why 2 trillion soums have been allocated from the budget to build 30 new schools, repair 320 schools and improve their material and



technical base. This is the reason why 330 billion soums have been allocated to the promotion of public education workers, and 400 billion soums have been allocated from the budget for overtime payments to teachers.

At the moment, it is clear that the quality of education cannot be improved by funding alone. Therefore, in the Petition, issues such as educational and methodological issues, ensuring highquality education in all regions, working with talented young people, and "vocational training" of young people from school age were raised. Most importantly, it was noted that teachers play a decisive role in improving the quality of school education, and measures were taken to raise their status and pay them a decent salary, improve their professional qualifications, and encourage them.

As for why, it is an axiom that does not require proof that the quality of education is not higher than the quality of work of teachers. In countries such as Finland, Japan and South Korea, improving the quality of education is carried out in four directions:

firstly, the mechanisms of attracting the best, selected, talented personnel to the teaching profession apply;

secondly, measures were taken to raise the starting salary of teachers;

thirdly, thoughtful work will be carried out to improve the status of the teaching profession, increase the attractiveness of this profession;

fourthly, all conditions are created for teachers to continuously improve their skills and master advanced teaching methods;

fifth, it is ensured that every child in the country enjoys high-quality education without any exception (regardless of place of residence, physical capabilities)¹.

In the petition, an initiative related to establishing continuous improvement of teachers' qualifications based on the principle of "lifelong learning" was also put forward. This principle, which is just becoming a tradition in English as a combination of "Life-long learning", is mentioned in the Hadith "Seek knowledge from the cradle to the grave" and expresses the demand not to stop in acquiring knowledge.

In the petition, an initiative aimed at ensuring high-quality education in the capital and in remote villages was put forward: it was noted that teachers who go to a remote school in another district and teach will be paid a 50 percent salary, and if they go to work in another region - 100 percent. Such a measure will ensure that every student in the country enjoys high quality education without exception. After all, the quality of education ultimately determines the quality of life in this area.

O'tkir Hashimov made a wonderful comparative assessment of the work of the teachers of the school : "If a farmer sows a bad seed, he will reap a bitter "harvest" himself. That year. If a teacher sows a bad seed in a child's heart, the whole society will reap the bitter harvest. Twenty years later. Those who say that a teacher does not create material wealth are a bomb that explodes the society from the inside!" ².

In the appeal, special attention was also paid to increasing the coverage and quality of higher education, development of science and innovation. In particular, the task of increasing the number of doctoral students to 4,500 was put forward. At a glance, this task will cost the budget 240 billion

¹ A.K. Kusainov. Rol uchitelya v pov y shenii kachestva obrazovanie // Chelovek i obrazovanie, 2016, No. 1 (46), p.11-12.

 $^{^{2}}$ O'. Hoshimov. Inscriptions on the border of the notebook. – T.: Publishing house named after Gafur Ghulam, 2017, p. 107.



soums. But if we think about it, it is a fact that more than half of the gross domestic product in developed countries is created at the expense of the "knowledge economy", that is, by innovations and highly qualified personnel. In the address, the words of our great poet Mir Alisher Navoi, "If you want to be the sun, perfect your profession" are quoted and interpreted as follows: "a person who wants to shine a happy light like the sun on people, to do good, should strive for perfection and master various sciences and professions." It can be seen that in Uzbekistan, young people are considered as the main participants of economic development and scientific and technical development.

By the way, in the "knowledge economy" the share of mental labor increases, the need for knowledge increases, and creativity is required. In this regard, another bold step towards the "knowledge economy" was made in the Address. It was noted that leading universities were given the right to independently decide on the development of educational programs, admission quotas and financial issues, as well as the transfer of the authority to award academic titles and academic degrees to their academic councils. This paves the way for the implementation of many innovations in the field of education and science without bureaucratic obstacles, without agreements, without collecting signatures, and in a short period of time.

Issues of ensuring entrepreneurship and employment of young people, increasing investments in human capital are also included in the Address. As an economically active segment of the population, young people make up a significant part of labor resources. The tasks included in the petition do not mean training young people as cheap labor, but training them as skilled workers.

In the petition, it is interpreted as a human duty to show kindness to our youth who need special attention. Due to this, the introduction of a new system of special kindness to children of needy families, true orphans, children with disabilities and those in need of treatment was encouraged. There are not a few of our children under 18 who need such special attention, they are 150,000. The task of providing housing to 900 truly orphaned youths in 2021, or, in other words, "Making them patriotic", was put forward in the Petition.

According to the tradition of the Uzbek people, it is the responsibility of parents to make a child happy. We have parents who cannot feel at peace if they do not fulfill this task. However, due to fate, the state took on the responsibility of making the youth who grew up equal to the love of their parents "patriotic", the head of our state considered it his duty to "paternalize" such people, planted the seeds of love in their hearts.

The tasks put forward in the petition are aimed at helping people in need of state social assistance: needy and helpless families, people with limited means, people with disabilities, bereaved people, helping them to be no less than anyone else. In the end, these young people feel the care of the President in their destiny, they realize that they have equal rights with everyone, that is, their legal opportunities are not limited , although they do not have the love of their parents, they feel the love of the head of the state, they are satisfied with the fair and humane policy.

It was determined in the Petition that the child should be supported by the state from birth to the age of 30. This means that during this period, youth will be the object of state policy. However, as a result of this systematic and continuous development of human capital in the form of youth, after the age of 30, it becomes the subject of state policy, social life, that is, the initiator of reforms, the decisive force of society. And the activity of such young people can be satisfying, because they become citizens who are patriotic, value knowledge, are open to innovations, have a loving heart, and direct their overflowing energy into creativity.



In the petition, the field of medicine was identified as another important area and reflected in the name of the year. There is a good reason for this, of course. 2020 has been a difficult year for humanity: the list of diseases that torment the human soul has increased by one more. Among the disasters that humanity has faced in the course of historical development, this tiny speck called COVID-19 may seem insignificant. But this tiny killer is shaking the whole world, fighting a life-and-death battle with humanity. The virus spreads the seeds of death "at lightning speed", killing thousands of people a day, shedding its captives. He does not ignore the borders between countries, does not distinguish between careers and positions, does not distinguish between age and age. It is our duty to face such a disaster, to witness its destructive nature, to fight against it armed with intelligence and patience. In other words, writing the page of the history of Uzbekistan related to the fight against the coronavirus fell to our generation.

In fact, doctors are serving on the front lines of the battlefield, risking their dear lives. The small number of victims of the coronavirus is also a service of the worthy successors of our grandfather Ibn Sina. There are many factors that have caused us to pass this test with little loss in the face of the coronavirus. The most important of these are timely and rational management decisions. Initiatives included in the Petition, such as the implementation of vaccination measures against the coronavirus, improvement of the quality of sanitary and epidemiological services, digitalization of the medical field, development of telemedicine, can also be included among such decisions.

The petition also called for "attention to the health of mother and child is attention to the future of society." It is worth noting that in the Petition, starting from 2021, 7 types of vitamins will be distributed free of charge to children under the age of 15 and pregnant women, and 100 billion soums will be allocated for this purpose.

We know well that any vitamin serves to strengthen the body in general. There is probably no need to talk about the necessity of such a dress for women with heavy legs, for a child growing in their body. Medicines distributed on the basis of this initiative will undoubtedly help pregnant women and feed their offspring. But if we look at the issue in a broader way, we admit that from the time when we were born as a bud in the mother's body, we have been thinking about the health of our skin, the sanity of our offspring, the strength of our dynasty, and the flawlessness of our breed. In the petition, the need to strengthen the primary link of medicine, especially in villages and neighborhoods, to raise the quality of medical services to a new level serves the same purpose.

CONCLUSION

It was also pointed out in the petition that further popularization of physical education and sports is an important factor in ensuring the health of the population. In fact, sports have a positive effect on health. Because regular sports exercises train the human body, increase its immunity, and therefore increase its ability to fight against diseases. In addition, "a healthy body is a healthy mind." Also, sport develops the character of young people, strengthens their will, reduces self-confidence , and teaches discipline. And finally, sport is a means of introducing our country to the world , and famous athletes who are raising the flag of our country high in prestigious international arenas contribute to this. From this point of view, popularization of physical education and sports not only among young people, but also among all layers of the population, introducing them to a healthy lifestyle will serve to strengthen the physical health of our people.

In conclusion, achieving the goals set out in the Petition is important to our prospects. Therefore, what makes the Petition an effective document is its execution. This encourages us to think about our contribution to the implementation of the initiatives contained in the Petition. Because the practical realization of these initiatives is a phenomenon within each of us. And, of course, everyone is equally interested in the implementation of the ideas contained in the Address.



REFERENCES

- 1. The Law of the Republic of Uzbekistan "On State Policy Regarding Youth" (O'RQ-406, 14.09.2016), Internet address: https://www.lex.uz/docs/3026246.
- 2. Education of the wise for young people (Compilers: O. Salimov, Q. Kuronboev, M. Bekmurodov, L. Tangriev, N. Khalilov) T.: Gafur Ghulom publishing house, 2018. 236 p.
- 3. Kadirov A., Kuronboev Q. Scientific and psychological aspects of youth worldview formation. -T.: "Spirituality", 2019. - 40 p.
- 4. Mukhammadzhanov O., Mukhitdinova F. Youth rights in Uzbekistan: law and benefits. T.: "Spirituality", 2019. 40 p.
- 5. Hoshimov O'. Inscriptions on the border of the notebook. T.: Publishing house named after Gafur Ghulam, 2017. 296.
- 6. Tajibayev, M. A., & Axmedov, J. T. (2022). SINERGETIK YONDASHUV-YOSHLARNING YANGI DUNYOQARASHINİ SHAKLLANTIRISHNING ASOSIY JIHATLARIDAN BIRI SIFATIDA. *Scientific progress*, *3*(3), 527-532.
- 7. Tajibaev, M. A., & Rashidova, B. Y. (2022). THE CONCEPTS OF SUSTAINABILITY AND INSTABILITY IN SYNERGETICS ARE AN IMPORTANT PRINCIPLE. *Scientific progress*, *3*(3), 930-933.
- 8. Kholbekova, M. A. T. U. (2022). APPLICATIONS AND DEVELOPMENTS OF SYNERGETICS. *Scientific progress*, 3(3), 942-945.
- 9. Tajibaev, M. A., & Rashidova, B. Y. (2022). CONTENT OF THE CONCEPT OF SYNERGETICS. *Scientific progress*, 3(3), 938-941.
- 10. Kulmatov, P. M., & Tajibaev, M. A. (2022). SYNERGETIC AAS A FACTOR FOR THE DEVELOPMENT OF MODERN SCIENCE. *Scientific progress*, *3*(3), 925-929.
- 11. Tajibaev, M. A., & Kholbekova, M. U. (2022). SYNERGETIC METHODOLOGY SERVES HUMANITY. *Scientific progress*, *3*(3), 934-937.
- 12. Abdurashidovich, T. M. (2022). YOSHLARDA SINERGETIK DUNYOQARASHNI SHAKLLANTIRISH OMILLARI. *INTEGRATION OF SCIENCE, EDUCATION AND PRACTICE. SCIENTIFIC-METHODICAL JOURNAL, 3*(3), 203-207.
- 13. Abdurashidovich, T. M. (2022). SINERGETIKA-YOSHLARNING YANGI DUNYOQARASHINI SHAKLLANTIRUVCHI BILIM SIFATIDA. FAN, TA'LIM, MADANIYAT VA INNOVATSIYA, 1(2), 69-73.
- 14. Azimova, S. Y., & Tojiboev, M. A. (2021). IMPROVEMENT OF SPIRITUAL AND EDUCATIONAL WORK IT IS OUR IMPORTANT TASK. *Scientific progress*, 2(5), 544-548.
- 15. Melikuziyevich, K. P., & Abdurashidovich, T. M. (2021). State and community management-as a priority task in the appeal. *INTERNATIONAL JOURNAL OF DISCOURSE ON INNOVATION, INTEGRATION AND EDUCATION, 2*(2), 133-136.
- 16. Quvanovich, R. Q. (2021). The Moral Importance of Humanity and Patriotism in Chistiya and Kubraviya. International Journal on Orange Technologies, 3(3), 98-103.
- 17. Ruziev, А. J. (2019). ИЗУЧЕНИЕ МИРОВОЗЗРЕНИЯ И ДЕЯТЕЛЬНОСТИ МЫСЛИТЕЛЕЙ КАК ИСТОРИЧЕСКОГО КРИТЕРИЯ. Theoretical & Applied Science, (11), 166-169.



- 18. Ruziyev, А. (2021). ДУНЁҚАРАШДА ТАРИХИЙ ХОТИРА ВА ОНГНИНГ ЎЗАРО ДЕАЛЕКТИКАСИ. Научно-просветительский журнал" Наставник", (2), 187-193.
- 19. Ruziyev, А. (2021). ДУНЁҚАРАШДА ТАРИХИЙ ХОТИРА ВА ОНГНИНГ ЎЗАРО ДЕАЛЕКТИКАСИ. Научно-просветительский журнал" Наставник", (2), 187-193.
- 20. Рўзиев, А. (2020). АМИР ТЕМУР ҚАРАШЛАРИДА СИЁСИЙ-ҲУҚУҚИЙ FОЯЛАРНИНГ АКС ЭТИШИ. Научно-просветительский журнал" Наставник".