



Physical Education and Sports is a Priority at The Level of Public Policy

Yodgorov Zoirjon Shakarboyevich

Jizzakh Polytechnic Institute, "Transport" faculty, Department of "Social Sciences" senior teacher

Annotation: New In the years of independence in Uzbekistan, the field of physical education and sports became a priority task at the level of state policy. With the Resolution of the Head of State on November 3, 2020 "On measures to improve the system of personnel training in the field of physical education and sports and measures to increase the scientific potential" a number of issues have been resolved and the goals set for it have been thoroughly analyzed and revealed.

Keywords: "Perfect generation", "Universiade", Olympics, healthy lifestyle, sports selection, 5 important initiatives, "New Uzbekistan", "Strategy of Actions", physical education and sports, Healthy Generation, Mass Sports, "Seeds of Hope"

Introduction

Popularization of physical education and sports in our country is defined as one of the important directions of social policy. Because sport establishes a healthy way of life in the society by strengthening the health of the population, raising the young generation to be healthy and well-rounded. Prevents various diseases, harmful habits among young people. Sport plays an important role in the formation of high culture and patriotism. Achievements in this field will make the country known to the world and will bring pride to all compatriots.

Independence years this about wide scope affairs done increased _ The population is especially young of generation physical education and with public sports regularly engage in for necessary conditions was created . Sha har and in villages modern sports complexes that's it done _ " Hope Sprouts ", " Perfect Avlod ” and Universiade competitions young people public to sports , so cool marriage style familiar to do to the tool became _ Talented the children choose and professional athletes preparation according to continuously system was created . General education schools and in children's sports complexes in training ability to the eye thrown away son 1- daughters children and teenagers to sports schools , sports colleges professional approaches are taken based on is being educated . High study countries and training camp in training skills is increasing . Of this as a result our country athletes of the world authoritative in competitions high victories to the hand including our people potential whole to the world manifestation is doing In particular , our athletes in 2016 in Brazil 13 in the past Olympic Games , Paralympics 31 medals in the games deserves is our country sports in history the most high to the results achieved _ The decree of President Shavkat Mirziyoyev dated February 15 of this year "On measures to further improve the management system in the field of culture and sports" opened a new era in the



development of sports in our country. To the decree according to Uzbekistan Republic Physical education and sports state committee organize done _ Population wide layer with sports to engage in attraction reach , physically so sad generation education , sports industry and infrastructure development , city and in districts public sports events and competitions transfer , National Olympics committee , sports according to federations and associations with together talented athletes selection , preparation and skills increase , personnel preparation , to the field modern technologies current reach and international connections expand his main duties reached marked .

Analysis And Results

Within the framework of the implementation of the decision of the head of our state on March 9, 2017 to prepare Uzbekistani athletes for the XXXII Summer Olympic and XVI Paralympic Games to be held in Tokyo (Japan) in 2020, the State Committee for Physical Education and Sports of Uzbekistan, the National Olympic Committee and sports organizations in cooperation with the selection of talented athletes and national teams a number of activities are being carried out in terms of formation, organization of local and foreign training camps for athletes, and ensuring their proper participation in prestigious competitions. In the decision of the President of August 10 of this year "On the wide involvement of Uzbekistani athletes who have achieved high results in prestigious international sports competitions in public and sports activities and to encourage athletes and their trainers", it is necessary to properly reward the hard work of our sports stars and the trainers who have brought them to perfection, and to effectively use their experience and potential. , it is noteworthy that care was taken for them to receive higher and special education and to restore their health. This is it document in Uzbekistan sportsman and coaches material encourage system more improvement , their authoritative international in competitions successful participation which athletes reserve in preparation worthy contribution to add chance creates _

During the last six years, the following new regulatory and legal documents on the field of physical education and sports were adopted, **including:**

Resolution of the Cabinet of Ministers of the Republic of Uzbekistan " **On measures to organize the activity of the republican Olympic reserve sports school for children-teenagers specialized in gymnastics** " November 18, 2016, No. 388 [2], In the Republic of Uzbekistan, February 7, 2017, the Decree of the President of the Republic of Uzbekistan No. PF-4947[3] " **On the Action Strategy for Five Priority Areas of Development of the Republic of Uzbekistan in 2017-2021" On preparation for the XXXII Olympic and XVI Paralympic Games**" March 9, 2017, No. PF-2821[4], Decision of the President of the Republic of Uzbekistan " **On the preparation of athletes of Uzbekistan for the XXXII Summer Olympic and XVI Paralympic Games to be held in Tokyo (Japan) in 2020** " March 9, 2017, No. PQ-2821 [5] , Decision of the Cabinet of Ministers of the Republic of Uzbekistan " **On approval of the Regulation on the State Committee for Physical Education and Sports of the Republic of Uzbekistan** " March 16, 2017, No. 148 [6] , Resolution of the Cabinet of Ministers of the Republic of Uzbekistan " **On improving the activity of the center for scientific-methodical provision, retraining and advanced training of physical education and sports specialists at the State Institute of Physical Education of Uzbekistan** " May 31, 2017, No. 329 [7] , Decision of the President of the Republic of Uzbekistan " **On measures to further develop physical education and mass sports**" June 3, 2017, PQ-3031 [8] , Decision of the President of the Republic of Uzbekistan " **"On additional measures for the**



development of horse breeding and horse sports in the Republic of Uzbekistan " June 15, 2017, No. PQ-3057 [9] , Resolution of the Cabinet of Ministers of the Republic of Uzbekistan " **On measures for comprehensive development of horse breeding and horse sports in 2017-2021** " July 19, 2017, No. 517 [10] , Decision of the President of the Republic of Uzbekistan " **On making changes to the structure of the central apparatus of the State Committee for Physical Education and Sports of the Republic of Uzbekistan**" Tashkent, July 29, 2017, No. PQ-3162 [11] , Decision of the President of the Republic of Uzbekistan " **On the wide involvement of athletes of Uzbekistan who have achieved high results in prestigious international sports competitions in public and sports affairs and on the encouragement of athletes and their trainers**" August 10, 2017, PQ-3196 [12] , Decision of the President of the Republic of Uzbekistan " **On measures to further improve the activities of the State Institute of Physical Education of Uzbekistan** " August 10, 2017, PQ-3197 [13] , Republic of Uzbekistan Decision of the President of the Republic of Uzbekistan " **On measures to further improve the activities of the State University of Physical Education and Sports of Uzbekistan**" August 10 , 2017 , PQ-3197 [14] " **On** August 21, 2017, No. PQ-3227 [15] , Decision of the Cabinet of Ministers of the Republic of Uzbekistan " **Measure to introduce the position of athlete in the republic's schools of higher sports skills and specialized sports schools for children and adolescents and to determine their monthly salary and allowances - about the events** " September 18, 2017, No. 733 [16] , Resolution of the Cabinet of Ministers of the Republic of Uzbekistan " **On measures to further support the athletes of Uzbekistan and their trainers who have achieved high results in prestigious international sports competitions** " gi October 30, 2017, No. 878 [17]

Currently, various branches of science related to the development of physical education are emerging. This shows that the study of the attitude of the population to physical education and sports in our society and their involvement cannot be achieved only by improving the educational and training process of physical education and sports or by building sports facilities. That is why it is important to study the role and influence of all factors in the development of physical education and sports. In this regard, modern trends in the development of theory and methodology of physical education and sports based on the Action Strategy of the Republic of Uzbekistan, innovative technologies in sports training, scientific and methodological aspects of adaptive physical education and sports , paying attention to the medical-biological problems of physical education and sports, socio-cultural and psychological problems of physical education and sports, modern problems of training qualified specialists in the field of physical education and sports will bear fruit.

In order to identify important areas aimed at improving knowledge and skills in the field of physical education and sports, to introduce new innovative forms and methods to the selection process of talented athletes, the following main directions of reforming the physical education and sports system until 2025 were clearly defined, including:

- envisages increasing the total number of people regularly engaged in physical education and sports up to 30%, and the total number of young people participating in sports organizations and institutions up to 20%;

- it is aimed to gradually increase the quality composition of trainers and specialists, especially the number of employees with higher education, to 80% in state sports educational institutions;



- the development and implementation of an effective and transparent four-stage system of selection - organization-district-city-territory-republic - for selecting talented sportsmen among young people in local areas;

- Identifying talented athletes by holding "Children's sports games" among the students-athletes of sports schools under the Ministry of Physical Education and Sports in New Uzbekistan and creating reserves for youth national teams, as well as organizing "Student sports games" among students of higher education institutions and involvement in regular sports was determined;

- In order to popularize physical education and sports among the broad strata of the population of our country, including students of general secondary schools, students and students of professional and higher educational institutions, and to identify the talented ones among them, the "General Education School Sports" festival and the "Physical Fitness Development Institution" competition will be staged. - development of the district-city, region, republican stages system and the introduction of the direction of the best general education schools, professional and higher educational institutions with advanced physical training level was determined;

- From 2020, in the field of physical education and sports, it is planned to develop sports tourism through systematic holding of "Tashkent Marathon" international marathon, "Save Aral" international eco-marathon, auto rally and motocross sports competitions;

- for law enforcement agencies and educational institutions of the Armed Forces, including the students of the "Temurbek School", it was decided to launch optional trainings and activities of clubs on sports included in the "Army Games" program;

- wide implementation of modern information and communication technologies in the management system of physical education and health, sports facilities and institutions, including ensuring the connection of sports facilities to telecommunication networks through the "Sport.uz" information system.

In the new Uzbekistan, physical education and sports are entering a new stage. Raising a healthy and well-rounded generation in our country has become one of the priority tasks of state policy. In this regard, consistent reforms carried out in our country are bearing positive results.

The Asian Olympic Council has decided to hold the Asian Youth Games in Tashkent in 2025. It is correct to say that this is a great trust and attention to our country. At the same time, we understand that it is a big responsibility. started **Further popularization of physical education and sports is an important factor in ensuring the health of the population** [34].

At the same time, in all regions of our country, it is important to promote the importance of mass sports in human and family life, that it is the basis of physical and spiritual health, to protect young people who enter life with great hopes from harmful habits, and it is a necessary condition for them to realize their abilities and talents. to create conditions, to select talented athletes from among them and to improve the target training system, to encourage athletes and their trainers who have achieved high results in the Olympic and Paralympic, Asian Games and World Championships, who are raising the flag of our country high in prestigious international sports competitions, to educate the young generation in the spirit of patriotism wide use of life experience and potential, further strengthening of international sports relations, increasing the reputation of New Uzbekistan in the world , and the implementation of large-scale works aimed at the further



development of physical education and sports opens the door to great opportunities for every citizen of our country.

CONCLUSION

Today, we must act responsibly, realizing that the effectiveness of sports and health improvement processes is inextricably linked with the tasks of establishing New Uzbekistan[36].

the athletes of "New Uzbekistan" will make their worthy contribution to the foundation of the Third Renaissance in our country. The above is evidence that at the same time in "New Uzbekistan" physical education and sports have become one of the priority tasks at the level of state policy and a new stage has begun in this field.

This year's Tokyo Olympics, the XXXII Summer Olympic Games, held from July 23 to August 8, came to an end. The games were originally supposed to take place in the summer of 2020, but the competition was postponed due to the coronavirus pandemic. Despite the difficult epidemiological situation, the presence and recognition of the strong athletes of our country among the 12,500 strongest athletes of the world who are participating in the prestigious four-year competition, and among the winners selected from among them, is a proof of the persistence of the victories of New Uzbekistan. At these games, which are a great celebration of world sports, the athletes of New Uzbekistan demonstrated the potential of our country and the strength of our youth in a unique way. It is necessary. Based on the principle that "participation is important, not winning in the Olympic Games", our Olympians duly demonstrated the place and potential of New Uzbekistan among the 206 countries that participated in the prestigious sports conference. The flowing river will not stop flowing. Those who displayed the honor of the country on the Olympic fields are worthy of recognition. In the next decade of the 21st century, when we face the biggest gathering of world nations - the summer Olympic Games, that age-old "struggle for supremacy" conference, which has not lost its edge even today, shows that there is New Uzbekistan, the steadfast athletes of our homeland. that the presence of those who are "the cure for the pain of the nation and the state", karmabastas, makes us feel infinite pride in our hearts.

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