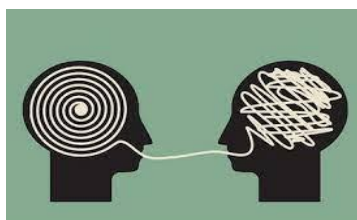




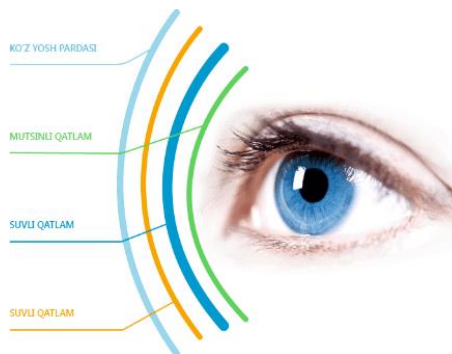


After reading many of his works, I realized that there is a concept of the ability to control human behavior using the organs of taste along with all the senses, smell and sight. The process of working with a patient of many psychologists requires intelligence and attention. They are forced to use different methods. For example, another art form, sculpture or pottery, is a method that requires the attention of the patient and helps to forget about the fatigue of other senses. Perhaps many people do not know about this, scientists say that all human nerve tissue is at our fingertips. We can feel the same in our toes.

Here I would like to touch on the art of theater, because the strong skill of an actor can make the audience laugh and cry at the same time. He influences their inner feelings and tries to overcome them. The human spirit can be awakened through all forms of art. Isn't healing a person art? In fact, there are people who look at white paper as a work of art. This is called inner beauty, contemplation. Thought is the highest level of reflection of reality in the human mind. Psychologists are people who work with the human psyche. Therefore, zinc is first soothed and



various analyzes are carried out. But many mentally exhausted people do not like to go to a psychologist. On the contrary, they do not consider the recommendations inappropriate. But in our time, the need for this profession in our country is increasing, and neurological morbidity is also decreasing. Because a person learns to motivate and empower himself, to eliminate stress on his own. Being in various picturesque places and drawing in the bosom of nature, the human brain relaxes and forgets about all its problems. It has a great influence on brain activity in the color harmony of the eyes.



Manual labor has a good effect on nerve system. Why does a person become addicted?





Because if there is no good blood circulation in the body, it will not reach the brain, the degree of oxygen saturation will decrease, and the vessels will be tense and the brain will be under pressure. Such situations stimulate the nervous system, as a result of which a person begins to get nervous, without suspecting it.

Why do we use some drugs today, if our goal is to positively influence the human psyche with the help of these types of art? After all, these drugs do not cure, but for a certain period of time they put the subconscious system to sleep and make it numb, and we understand that it is being treated and treated. But this will only last for a certain period. The disease repeats itself and the process calls each other along the chain, like a chainsaw. All medicines, if they have a positive effect on one of our organs, tend to harm the other. The ways of eliminating various new diseases caused by people's addiction to drugs, which are considered one of the urgent problems of the new Uzbekistan, and issues such as overcoming them with the help of the science of medicine, have been established. In addition, later periods opened the way for deeper research in medical science.

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